# 2024-2025 Program Year

Age: 1-2

1	WG Sunbutter and Jelly Sandwich; String Cheese; Steamed Carrots; Fresh Local Watermelon
	Cubes; Unflavored Whole Milk
2	Pasta and Meat Sauce; WG Breadstick; Canned Green Beans; Fresh Orange Slices; Unflavored
	Whole Milk
3	WG Chicken Nuggets; Tater Tots; Steamed Broccoli; Canned Mixed Fruit; Unflavored Whole
	Milk; Ketchup
4	Bean and Cheese Taco; Cucumber Slices; Canned Pineapple Tidbits; Unflavored Whole Milk
5	WG Grilled Turkey and Cheese Sandwich; Tomato Soup; Fresh Banana Slices; Unflavored
	Whole Milk
6	Cheese Quesadilla; Roasted Zucchini; Fresh Local Peaches Diced; Unflavored Whole Milk
7	Grilled Chicken; Brown Rice; Roasted Sweet Potatoes; Fresh Strawberry slices; Unflavored
	Whole Milk
8	Macaroni and Cheese; Steamed California Medley; Fresh Local Honeydew Cubes; Unflavored
	Whole Milk
9	WG Turkey and Cheese Sandwich; Steamed Broccoli; Canned Diced Peaches; Unflavored Whole
	Milk
10	Chicken Alfredo Pasta; WG Breadstick; Canned Green Beans; Canned Pear Slices; Unflavored
	Whole Milk
11	WG Sunbutter and Jelly Sandwich; String Cheese; Steamed Carrots; Fresh Local Watermelon
	Cubes; Unflavored Whole Milk
12	Pasta and Meat Sauce; WG Breadstick; Canned Green Beans; Fresh Orange Slices; Unflavored
	Whole Milk
13	WG Chicken Nuggets; Tater Tots; Steamed Broccoli; Canned Mixed Fruit; Unflavored Whole
	Milk; Ketchup
14	Bean and Cheese Taco; Cucumber Slices; Canned Pineapple Tidbits; Unflavored Whole Milk
15	WG Grilled Turkey and Cheese Sandwich; Tomato Soup; Fresh Banana Slices; Unflavored
	Whole Milk
16	Cheese Quesadilla; Roasted Zucchini; Fresh Local Peaches Diced; Unflavored Whole Milk
17	Grilled Chicken; Brown Rice; Roasted Sweet Potatoes; Fresh Strawberry slices; Unflavored
10	Whole Milk  Magazari and Change Steamed California Madley Erach Level Hangedow Calabar Hafferson
18	Macaroni and Cheese; Steamed California Medley; Fresh Local Honeydew Cubes; Unflavored
10	Whole Milk WC Turkey and Change Sandwich: Steemed Bracceli: Cannod Dioed Bookhey, Unfleyened Whole
19	WG Turkey and Cheese Sandwich; Steamed Broccoli; Canned Diced Peaches; Unflavored Whole Milk
0.0	
20	Chicken Alfredo Pasta; WG Breadstick; Canned Green Beans; Canned Pear Slices; Unflavored
0.1	Whole Milk WC Symbotton and Jally Sandwich, String Change, Steamed Cornets, Fresh Legal Watermalan
21	WG Sunbutter and Jelly Sandwich; String Cheese; Steamed Carrots; Fresh Local Watermelon
	Cubes; Unflavored Whole Milk  WG = Whole Grain

# 2024-2025 Program Year

Age: 3-5

1	WG Sunbutter and Jelly Sandwich; String Cheese; Steamed Carrots; Fresh Local Watermelon Cubes; Unflavored Milk – 1% or Fat-Free
2	Pasta and Meat Sauce; WG Breadstick; Canned Green Beans; Fresh Orange Slices; Unflavored Milk – 1% or Fat-Free
3	WG Chicken Nuggets; Tater Tots; Steamed Broccoli; Canned Mixed Fruit; Unflavored Milk – 1% or Fat-Free; Ketchup
4	Bean and Cheese Taco; Cucumber Slices; Canned Pineapple Tidbits; Unflavored Milk – 1% or Fat-Free
5	WG Grilled Turkey and Cheese Sandwich; Tomato Soup; Fresh Banana Slices; Unflavored Milk – 1% or Fat-Free
6	Pizza Quesadilla; Roasted Zucchini; Fresh Local Peaches Diced; Unflavored Milk – 1% or Fat- Free
7	WG Mini Corn Dogs; WG Roll; Roasted Sweet Potatoes; Fresh Strawberry Slices; Unflavored Milk – 1% or Fat-Free
8	Macaroni and Cheese; Steamed California Medley; Fresh Local Honeydew Cubes; Unflavored Milk – 1% or Fat-Free
9	WG Turkey and Cheese Sandwich; Steamed Broccoli; Canned Diced Peaches; Unflavored Milk – 1% or Fat-Free
10	Chicken Alfredo Pasta; WG Breadstick; Canned Green Beans; Canned Pear Slices; Unflavored Milk – 1% or Fat-Free
11	WG Sunbutter and Jelly Sandwich; String Cheese; Steamed Carrots; Fresh Local Watermelon Cubes; Unflavored Milk – 1% or Fat-Free
12	Pasta and Meat Sauce; WG Breadstick; Canned Green Beans; Fresh Orange Slices; Unflavored Milk – 1% or Fat-Free
13	WG Chicken Nuggets; Tater Tots; Steamed Broccoli; Canned Mixed Fruit; Unflavored Milk – 1% or Fat-Free; Ketchup
14	Bean and Cheese Taco; Cucumber Slices; Canned Pineapple Tidbits; Unflavored Milk – 1% or Fat-Free
15	WG Grilled Turkey and Cheese Sandwich; Tomato Soup; Fresh Banana Slices; Unflavored Milk – 1% or Fat-Free
16	Pizza Quesadilla; Roasted Zucchini; Fresh Local Peaches Diced; Unflavored Milk – 1% or Fat- Free
17	WG Mini Corn Dogs; WG Roll; Roasted Sweet Potatoes; Fresh Strawberry Slices; Unflavored Milk – 1% or Fat-Free
18	Macaroni and Cheese; Steamed California Medley; Fresh Local Honeydew Cubes; Unflavored Milk – 1% or Fat-Free
19	WG Turkey and Cheese Sandwich; Steamed Broccoli; Canned Diced Peaches; Unflavored Milk – 1% or Fat-Free
20	Chicken Alfredo Pasta; WG Breadstick; Canned Green Beans; Canned Pear Slices; Unflavored Milk – 1% or Fat-Free
21	WG Sunbutter and Jelly Sandwich; String Cheese; Steamed Carrots; Fresh Local Watermelon Cubes; Unflavored Milk – 1% or Fat-Free
	WG = Whole Grain

## 2024-2025 Program Year

Age: 6-12

1	Chicken Nachos; Spanish Rice; Black Bean Salad; Fresh Local Watermelon Cubes; Unflavored
	or Flavored Milk - 1% or Fat-Free; Salsa
2	Spaghetti and Meat Sauce; WG Garlic Toast; Romaine Side Salad; Canned Green Beans; Fresh
	Orange Slices; Unflavored or Flavored Milk - 1% or Fat-Free; Ranch Dressing
3	Hamburger/Cheeseburger; Tater Tots; Steamed Broccoli; Canned Mixed Fruit; Unflavored or
	Flavored Milk - 1% or Fat-Free
4	Beef, Bean, and Cheese Tacos; Cucumber Slices; Canned Pineapple Tidbits; Unflavored or
	Flavored Milk – 1% or Fat-Free
5	Chicken Tenders; Roll; Mashed Potatoes; Fresh Local Apple Slices; Ketchup; Unflavored or
	Flavored Milk - 1% or Fat-Free
6	Lasagna with Ground Turkey; WG Breadstick; Canned Green Beans; Canned Pear Slices;
	Unflavored or Flavored Milk - 1% or Fat-Free
7	Beef and Cheese Nachos; Spanish Rice; Cucumber Slices; Fresh Local Apple Slices; Unflavored
	or Flavored Milk - 1% or Fat-Free
8	WG Mini Corn Dogs; WG Roll; Mashed Potatoes; Fresh Strawberries; Unflavored or Flavored
	Milk - 1% or Fat-Free; Ketchup
9	Crispy Beef Taco; Spanish Rice; Canned Refried Beans; Fresh Local Honeydew Cubes;
	Unflavored or Flavored Milk - 1% or Fat-Free
10	WG Pizza Slice; Salad Mix; Fresh Local Peach; Unflavored or Flavored Milk - 1% or Fat-Free
11	Chicken Nachos; Spanish Rice; Black Bean Salad; Fresh Local Watermelon Cubes; Unflavored
	or Flavored Milk - 1% or Fat-Free; Salsa
12	Spaghetti and Meat Sauce; WG Garlic Toast; Romaine Side Salad; Canned Green Beans; Fresh
	Orange Slices; Unflavored or Flavored Milk - 1% or Fat-Free; Ranch Dressing
13	Hamburger/Cheeseburger; Tater Tots; Steamed Broccoli; Canned Mixed Fruit; Unflavored or
	Flavored Milk - 1% or Fat-Free
14	Beef, Bean, and Cheese Tacos; Cucumber Slices; Canned Pineapple Tidbits; Unflavored or
	Flavored Milk – 1% or Fat-Free
15	Chicken Tenders; Roll; Mashed Potatoes; Fresh Local Apple Slices; Ketchup; Unflavored or
	Flavored Milk - 1% or Fat-Free
16	Lasagna with Ground Turkey; WG Breadstick; Canned Green Beans; Canned Pear Slices;
	Unflavored or Flavored Milk - 1% or Fat-Free
17	Beef and Cheese Nachos; Spanish Rice; Cucumber Slices; Fresh Local Apple Slices; Unflavored
	or Flavored Milk - 1% or Fat-Free
18	WG Mini Corn Dogs; WG Roll; Mashed Potatoes; Fresh Strawberries; Unflavored or Flavored
	Milk - 1% or Fat-Free; Ketchup
19	Crispy Beef Taco; Spanish Rice; Canned Refried Beans; Fresh Local Honeydew Cubes;
	Unflavored or Flavored Milk - 1% or Fat-Free
20	WG Pizza Slice; Salad Mix; Fresh Local Peach; Unflavored or Flavored Milk - 1% or Fat-Free
21	Chicken Nachos; Spanish Rice; Black Bean Salad; Fresh Local Watermelon Cubes; Unflavored
	or Flavored Milk - 1% or Fat-Free; Salsa  WG = Whole Grain
	M/C = M/holo Croin

## 2024-2025 Program Year

Age: 13-18

1	Chicken Nachos; Spanish Rice; Black Bean Salad; Fresh Local Watermelon Cubes; Unflavored
	or Flavored Milk - 1% or Fat-Free; Salsa
2	Spaghetti and Meat Sauce; WG Garlic Toast; Romaine Side Salad; Canned Green Beans; Fresh
	Orange Slices; Unflavored or Flavored Milk - 1% or Fat-Free; Ranch Dressing
3	Hamburger/Cheeseburger; Tater Tots; Steamed Broccoli; Canned Mixed Fruit; Unflavored or
	Flavored Milk - 1% or Fat-Free
4	Beef, Bean, and Cheese Tacos; Cucumber Slices; Canned Pineapple Tidbits; Unflavored or
	Flavored Milk – 1% or Fat-Free
5	Chicken Tenders; Roll; Mashed Potatoes; Fresh Local Apple Slices; Ketchup; Unflavored or
	Flavored Milk - 1% or Fat-Free
6	Lasagna with Ground Turkey; WG Breadstick; Canned Green Beans; Canned Pear Slices;
	Unflavored or Flavored Milk - 1% or Fat-Free
7	Beef and Cheese Nachos; Spanish Rice; Cucumber Slices; Fresh Local Apple Slices; Unflavored
	or Flavored Milk - 1% or Fat-Free
8	WG Mini Corn Dogs; WG Roll; Mashed Potatoes; Fresh Strawberries; Unflavored or Flavored
	Milk - 1% or Fat-Free; Ketchup
9	Crispy Beef Taco; Spanish Rice; Canned Refried Beans; Fresh Local Honeydew Cubes;
	Unflavored or Flavored Milk - 1% or Fat-Free
10	WG Pizza Slice; Salad Mix; Fresh Local Peach; Unflavored or Flavored Milk - 1% or Fat-Free
11	Chicken Nachos; Spanish Rice; Black Bean Salad; Fresh Local Watermelon Cubes; Unflavored
10	or Flavored Milk - 1% or Fat-Free; Salsa
12	Spaghetti and Meat Sauce; WG Garlic Toast; Romaine Side Salad; Canned Green Beans; Fresh
10	Orange Slices; Unflavored or Flavored Milk - 1% or Fat-Free; Ranch Dressing Hamburger/Cheeseburger; Tater Tots; Steamed Broccoli; Canned Mixed Fruit; Unflavored or
13	Flavored Milk - 1% or Fat-Free
14	Beef, Bean, and Cheese Tacos; Cucumber Slices; Canned Pineapple Tidbits; Unflavored or
14	Flavored Milk – 1% or Fat-Free
15	Chicken Tenders; Roll; Mashed Potatoes; Fresh Local Apple Slices; Ketchup; Unflavored or
-0	Flavored Milk - 1% or Fat-Free
16	Lasagna with Ground Turkey; WG Breadstick; Canned Green Beans; Canned Pear Slices;
	Unflavored or Flavored Milk - 1% or Fat-Free
17	Beef and Cheese Nachos; Spanish Rice; Cucumber Slices; Fresh Local Apple Slices; Unflavored
,	or Flavored Milk - 1% or Fat-Free
18	WG Mini Corn Dogs; WG Roll; Mashed Potatoes; Fresh Strawberries; Unflavored or Flavored
	Milk - 1% or Fat-Free; Ketchup
19	Crispy Beef Taco; Spanish Rice; Canned Refried Beans; Fresh Local Honeydew Cubes;
	Unflavored or Flavored Milk - 1% or Fat-Free
20	WG Pizza Slice; Salad Mix; Fresh Local Peach; Unflavored or Flavored Milk - 1% or Fat-Free
21	Chicken Nachos; Spanish Rice; Black Bean Salad; Fresh Local Watermelon Cubes; Unflavored
	or Flavored Milk - 1% or Fat-Free; Salsa
	WG = Whole Grain